

Who is Rochdale Connections Trust?

Rochdale Connections Trust (RCT) is long established charitable trust with a dedicated board of highly experienced trustees.

RCT was established in 1997 and has specialised in providing services to individuals and families who are facing various types of difficulties.

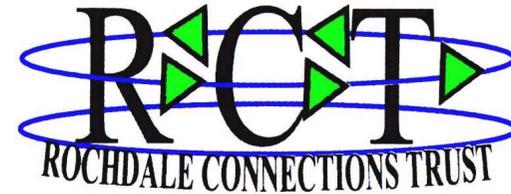
Our Mentoring Programme

Part of the programme we run at RCT is the "Rochdale Cares To Act" initiative funded by the Big Lottery. RCT and M6 Theatre are working together in a four year collaboration to reach out to Rochdale communities and target young people between the age of 11-16 to work on issues they may face for themselves or within their families.

For further information and an application form contact the mentoring team on **01706 345111** or email the Project Coordinators holly@r-c-t.co.uk or debra.madden@r-c-t.co.uk

Or visit our website www.r-c-t.co.uk or find us on [Facebook](#) or [Twitter](#)

Rochdale **Cares To Act** Program
Funded by the Big Lottery



Volunteer Youth Mentoring



What Is Mentoring?

Our mentoring programme is about working with young people aged between 11-16 by listening and offering guidance & support.

We offer a safe space and fun activities on a weekly basis so the young person feels more positive about their life and improves self esteem and confidence.

Our Mentor Coordinators match young people referred to as “mentees” with responsible, caring and understanding volunteers referred to as “mentors.”

The aim is to link mentees and mentors who can work together on goals, to help boost confidence and development.

Who are we looking for?

We are looking for people who are enthusiastic and have willingness to get involved. You will need to be understanding and supportive with the ability to listen in a non- judgmental manner.

Who Can Volunteer?

Volunteers do not need to have previous experience as full training will be given. We are looking for people aged 21 and over (including mature adults) of all backgrounds and ethnicities.

All you require are two references and a DBS check and a minimum of 2 hours availability per week.

Benefits for the Mentor

You will gain the opportunity to

- learn new skills
- Gain valuable experience
- Professional development
 - Improved knowledge
- Free supervision and personal feedback
 - Free training
 - Certificates
 - Travel expenses
- Networking in the local community
- Experience working with vulnerable young people
 - Working in a rewarding environment
 - References (post- mentoring)

“Mentoring is a rewarding way of giving back to the local community and helping the young people of our town towards a better future.”

What Training will I get?

Your training will cover all aspects of mentoring including areas such as safeguarding, effective listening and the role of the mentor. We offer all of our volunteers comprehensive support through all stages of their mentoring work, with regular group meetings and one to one sessions for any ideas or issues that need to be raised or discussed.

There may also be an opportunity to become involved with other projects delivered by RCT